

Gast Maison Private Jet Catering



## **CONTINENTAL BREAKFAST**

#### **Breakfast Pastries**

Croissant (*Gluten, Egg, Milk*) Pain au chocolat (*Gluten, Egg, Milk, Soya*) Pain aux raisins (*Gluten, Egg, Milk, Sulphur Dioxide*) Mini pastries (*Gluten, Egg, Milk, Sulphur Dioxide, Soya*)

#### **Sweet Muffins**

Blueberries (*Gluten, Soya, Egg, Milk, Sulphur Dioxide*) Chocolate (*Gluten, Soya, Egg, Milk*) Double chocolate (*Gluten, Soya, Egg, Milk*)

#### Bagels

Smoked salmon & cream cheese *(Gluten, Milk, Egg, Soya)* Bacon, lettuce, tomato & mayonnaise *(Gluten, Milk, Egg, Soya)* Sun-blushed tomatoes, cream cheese, rocket and pesto *(Gluten, Milk, Egg, Soya, Nuts)* 

#### **Bread & butter portions**

Bread rolls *(Gluten)* Artisan sourdough *(Gluten)* Toasts *(Gluten)* 

#### **Fruits & berries**

Sliced fruit platter Mixed berries Fruit skewers Whole fruit selection

#### **Breakfast cheeses**

Selection of sliced cheese, Cheddar, Edam, Emmental *(Milk)* Hard & Soft Cheeses platter with grapes and dried apricots *(Milk, Sulphur Dioxide)* 

#### **Breakfast meats**

Honey roast ham, cured meats and salamis

#### Smoked salmon platter

Garnished with capers, lemon wedges and cream cheese (Milk, Sulphur Dioxide)

### **Breakfast cereals**

Individual cereal pack *(Gluten, Nuts)* Granola *(Gluten, Nuts)* Muesli *(Gluten, Nuts)* Porridge *(Gluten, Milk)* 

#### **Individual Yogurts**

Plain *(Milk)* Fruit *(Milk)* Greek *(Milk)* Skyr *(Milk)* Soya *(Soya)* Kefir *(Milk)* 

#### **Individual preserves**

Strawberry, raspberry, blackcurrant, orange marmalade

## **COOKED BREAKFAST**

### **Traditional full English**

Cured bacon, pork sausages, sautéed mushrooms, grilled tomatoes, hash browns, baked beans (Gluten, Milk, Sulphur Dioxide)

#### **Breakfast Roll**

Bacon with Ketchup and HP sauce *(Gluten, Milk, Sulphur Dioxide)* Sausage with Ketchup and HP sauce *(Gluten, Milk, Sulphur Dioxide)* Egg with Ketchup and HP sauce *(Gluten, Egg, Milk, Sulphur Dioxide)* Or any combination of the three

### Eggs

Scrambled (*Egg*, *Milk*) Poached (*Gluten, Sulphur Dioxide*) Fried (*Egg*) Boiled (*Egg*) Omelette (please specify your filling) (*Egg*) Egg white omelette (please specify your filling) (*Egg*)

#### **Breakfast sides**

Bacon Turkey bacon Pork sausages *(Gluten)* Chicken sausages *(Gluten)* Vegetarian sausages *(Gluten, Milk, Sulphur Dioxide)* Burry black pudding *(Gluten)* Sautéed mushrooms *(Milk)* Grilled tomatoes Hash browns *(Gluten)* Baked beans *(Sulphur Dioxide)* Toasts *(Gluten)* 

### **Egg Benedict**

Toasted English muffin, poached egg, crispy streaky bacon and hollandaise sauce (*Gluten, Egg, Milk, Sulphur Dioxide*)

#### Smashed avocado on artisan sourdough

Add poached eggs, crispy bacon or smoked salmon (Gluten, Egg, Milk, Sulphur Dioxide)

#### Scotch Pancakes (Gluten, Milk, Sulphur Dioxide)

with maple syrup Add berries or bacon

### Milk

Fresh organic whole, semi-skimmed or skimmed *(Milk)* Soya *(Soya)* Almond *(Nuts)* Oat *(Gluten)* 

### **Pressed Juices and Smoothies**

Orange Apple Pineapple Grapefruit Carrot Mixed berries smoothie Mango and passion fruit smoothie Or any of your preferences

## CANAPES

*(Gluten, Milk, Egg, Mustard, Nuts)* We recommend 5 canapés per passenger and our chef will combine a selection. Please advise on any dietary requirements.

## CAVIARS

#### (Gluten, Milk)

Please specify the type you require when ordering. Please note that caviar is a special order and allow at least 24h as it comes from London.

## **SUSHI & SASHIMI**

#### Sushi selection

Nigiri, Maki and California rolls served with pickled ginger, wasabi and soya sauce (Fish, Mustard, Gluten)

#### Sashimi selection

Salmon, tuna and hamachi yellow tail served with pickled ginger, wasabi and soya sauce (Fish, Mustard, Gluten)

# SALADS

#### **Caprese Salad**

Tomato slices, heritage cherry tomatoes, mozzarella, fresh basil, pesto and balsamic dressing *(Milk, Nuts, Sulphur Dioxide)* 

### **Caesar Salad**

Romaine lettuce, heritage cherry tomatoes, cucumber, herb croutons, parmesan crisps *(Gluten, Milk, Egg) Add grilled chicken, gilled salmon or prawns (Fish, Crustaceans)* 

### **Greek Salad**

Heritage cherry tomatoes, cucumber, mixed peppers, red onion, olives, feta cheese, mixed leaves and lemon and herb dressing *(Milk, Sulphur Dioxide)* 

### **Tuna Niçoise Salad**

Grilled tuna, new potatoes, fine green beans, heritage cherry tomatoes, olives, boiled egg, mixed leaves and balsamic dressing *(Egg, Sulphur Dioxide)* 

### **Spring Salad**

Lamb lettuce, heritage cherry tomatoes, mango, crispy bacon, feta cheese and balsamic dressing *(Egg, Milk, Sulphur Dioxide)* 

## SANDWICHES

#### **Finger Sandwiches**

Chef's selection or please specify fillings (Gluten, Milk, Egg, Mustard, Fish, Crustaceans)

#### Wraps

Chef's selection or please specify fillings (Gluten, Milk, Egg, Mustard, Fish, Crustaceans)

#### **Deli Sandwiches**

Chef's selection or please specify fillings (Gluten, Milk, Egg, Mustard, Fish, Crustaceans)

## **PLATTERS**

Please advise on the number of portions you require when placing your order

#### **Crudités and hummus**

Freshly cut carrots, cucumber, celery and pepper batons (Sesame Seeds)

#### **Continental meat**

Selection of cured ham, salamis, cooked meat with gherkins and olives *(Sulphur Dioxide)* Please advise if you require no pork

#### **Smoked salmon**

Cream cheese, capers and lemon wedges (Fish, Milk, Sulphur Dioxide)

#### **Seafood Selection**

Smoked salmon, hot smoked salmon, smoked mackerel and king prawns (Fish, Crustaceans)

#### Dressed lobster and/or crab

Served with seafood or marinara sauce and lemon wedges. (Egg, Fish, Crustaceans, Milk)

Please note that we require at least 24h notice for lobster

#### Antipasto

Parma ham, selection of salamis, marinated artichokes, roasted peppers, sun blushed tomatoes, baby mozzarella and herb crostini *(Gluten, Milk, Egg, Sulphur Dioxide)* 

#### **Artisan cheeses**

Selection of hard and soft cheeses with grapes, dried apricots and crackers (*Gluten, Milk, Sulphur Dioxide*)

# **STARTERS**

**Salmon terrine** Smoked and poached salmon serve with pickled cucumber and beetroot (*Fish, Milk*)

#### Grilled asparagus and Parma ham

Rocket salad, sun blushed tomatoes, shaved parmesan and balsamic glaze (Milk, Sulphur Dioxide)

#### Grilled goats cheese salad

Baby leaves, red onion, pecans and mango dressing (Milk, Nuts, Sulphur Dioxide)

**Pan fried scallops** Crispy pancetta and pea purée (*Fish*)

#### **Tuna tartare**

Horseradish cream and marinated cucumbers (Fish, Mustard, Sulphur Dioxide)

#### **Carpaccio of beef**

Rocket, parmesan crisp and truffle oil (Milk, Sulphur Dioxide)

#### Lime, chilli & garlic king prawns

Pomelo salad, cucumber and mint (Crustaceans, Sulphur Dioxide)

### **FISH**

Please select your sides separately

**Grilled sea bass** With confit tomatoes *(Fish)* 

**Crispy cod loin** Chicken jus *(Fish)* 

**Pan fried salmon** Dill & Vermouth sauce *(Fish, Milk, Gluten, Sulphur Dioxide)* 

## MEAT

Please select your sides separately

**Chicken supreme** Mushroom & tarragon sauce (*Milk, Gluten, Sulphur Dioxide*)

#### Grilled Cajun spiced chicken

Mango salsa, curried coconut cream (Milk, Mustard, Nuts)

**Chicken wrapped in pancetta** Red wine reduction *(Gluten, Sulphur Dioxide)* 

**Sun blushed tomato, mozzarella & basil stuffed chicken** Tomato & pesto coulis *(Milk, Nuts, Sulphur Dioxide)* 

**Grilled fillet, rib eye or sirloin steak** Slow roasted tomato, fat chips, mushrooms & watercress Cafe de Paris, peppercorn or Diane sauce *(Milk, Gluten, Sulphur Dioxide)* 

**Cheshire rump of lamb** With rosemary & garlic and red wine jus *(Gluten)* 

Moroccan lamb neck fillet Pomegranate & lemon couscous (Gluten)

**Peppered duck breast** Brandy and peppercorn sauce (*Milk, Gluten, Sulphur Dioxide*)

## **PASTA & RISOTTO**

Spaghetti bolognese (Celery, Milk, Gluten)

Tagliatelle with wild mushrooms (Milk, Gluten, Sulphur Dioxide)

Linguine carbonara (Milk, Gluten)

Lobster mac & cheese (Crustaceans, Milk, Gluten, Mustard)

Beef lasagne (Celery, Milk, Gluten, Sulphur Dioxide)

Linguine Prawn, garlic, lemon and dill (Milk, Gluten, Sulphur Dioxide)

Penne with tomato & basil sauce (Milk, Gluten)

Penne with spicy chorizo, olives and tomato sauce (Milk, Gluten)

Mushroom risotto (Milk)

### **ASIAN CUISINE**

Please select your sides separately

Chicken Tikka Masala (Milk, Mustard, Nuts)

Lamb Rogan Josh (Milk, Mustard, Nuts)

Paneer Curry (Milk, Mustard, Nuts)

Pad Thai

Chicken, prawn or tofu (Milk, Mustard, Nuts)

**Thai red curry** Chicken, prawn or vegetarian *(Crustaceans, Fish, Gluten, Nuts, Sesame Seeds, Soya)* 

## SIDES

### Potatoes

Steamed baby potatoes Roasted new potatoes Mash *(Milk)* Sweet potato mash *(Milk)* Fondant potato *(Milk)* Rosti *(Milk)* French Fries *(Gluten)* Chunky chips *(Gluten)* 

### Vegetables

Grilled tender stem broccoli Fine beans with butter and garlic *(Milk)* Steamed assorted vegetables Asparagus spears *(Milk)* Roasted Mediterranean vegetables Stir fried Chinese greens Roasted squash

### Rice

Basmati Jasmine Brown & wild Pilau Egg fried *(Egg, Gluten, Soya)* 

## **CHILDREN SPECIALITIES**

Garlic bread (Gluten, Milk)

Dough balls & marinara sauce (Gluten, Milk)

Mac & cheese (Gluten, Milk, Mustard)

Chicken nuggets & fries (Gluten, Milk)

Fish fingers, fries & peas (Gluten, Fish)

Margarita pizza (Gluten, Milk)

Penne pasta & tomato sauce (Gluten, Milk)

# DESSERTS

Apple tart Cream or custard (Egg, , Milk)

**Lemon tart** Fresh raspberries & coulis *(Egg, Gluten)* 

### **New York Cheesecake** Fresh raspberries & coulis *(Egg, Gluten, Milk)*

**Panna Cotta** Mango and passion fruit *(Milk)* 

**Sticky toffee pudding** Toffee sauce (*Egg, Gluten, Milk*)

**Traditional Cake** Chocolate fudge, carrot or Victoria Sponge *(Egg, Gluten, Milk)* 

Crème Brulée Vanilla or Lemon and raspberry (Egg, Milk)

Tiramisu (Egg, Gluten, Milk)

**Chocolate mousse** Fresh berries *(Egg, Milk, Soya)* 

## Fresh sliced fruits and berries